

Appendix 1

Progress on Actions Dec 2023

(Please Note Table for each priority start at new page)

| Priority 1 (Sponsors Grainne Siggins, BFC and Nicola Airey, ICB) Give all children the best start in life and support emotional and physical health from birth to adulthood. | | | | | | | |
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| Key Actions | Outputs | Contributes to improvement in outcome(s) | Lead Organisation and responsible officer | Start date | End date | RAG Rating Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter | Brief narrative on RAG rating |
| 1. Develop and implement a CYP engagement plan to gain insights into participation in and attitudes to peer led social activities; and what would constitute a good offer of activities | A detailed insights report on the social behaviours of CYP and views on what social activities CYP are likely to engage that supports emotional and physical wellness. | Improve personal wellbeing/happiness. Reduce anxiety and depression in all children and young people. Reduce the feeling of being alone and excluded. | BFC Katherine Davies Frimley ICS Samina Hussein | Jan 2023 | Sept 2023 | Delayed | Initial insights highlighted through engagement with YHC's and scoping of community map activities. More detailed insights to be captured in January and feed into gap analysis outlined in key action 2. |
| 2. Map existing opportunities and groups within Bracknell Forest for CYP and include in the community map- mapping under the 5 ways to wellbeing headings this includes get active and get creative | A gap analyses of peer led social activities and networks that enable CYP to become emotionally resilient and improve their physical fitness. | Increase number of peer support groups for children and young people | BFC Katherine Davies | Jan 2023 | March 2023 | Complete | CYP activities scoped and added to the Community Map. 110 CYP activities (previous quarter was 49). Information from action 1 and 2 to be pulled together in gap analysis from January. |
| 3. Work with local community organisations and CYP to develop a network that builds on the current assets/offer | Offer of diverse range of activities that meet the needs of diverse CYP community developed | | BFC Katherine Davies Nicki Davies | Oct 2023 | March 2025 | On track | Scoping completed CYP 110 assets uploaded to community map. Engagement with CYP workforce such as SEND, FIS, Early Years and voluntary sector ongoing to identify activities. |
| 4. Review current MHST model which uses CYP undergoing therapy to support others who might need support and build on this to (include a wider network of peer led health and wellbeing support | Emotional and mental health awareness increased in school setting and normalised similar to physical health | | BHFT | Jan 2023 | March 2024 | Delayed | -completion date Sept 2024 to align with Healthy Schools (whole school approach) |
| 5. Undertake a review of the usage of the public health Thrive and Healthier Together webpages and using the information develop a survey and focus groups to improve the reach and experience of the user group | A report on current usage and feedback from users with plans to improve the reach and experience of users | Improve the experience of children, young people and their parents in navigating the system and services | BFC and Frimley ICB | April 2023 | March 2025 | On track | A peer support group piloted -findings to be presented at next emotional health network (Nov 2023) prior to CYP Board |

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| | | Improve awareness of emotional health, self-help and services among children, young people and their families | | | | | |
| 6. Review the reach (engagement) with current 0-5 year parent groups identifying what is working well, barriers in accessing the groups, identify gaps in provision. | A report with recommendations to be considered by early years group | Reduce the feeling of anxiety and loneliness in new parents | BFC Tanvi Baretto and Cherry Hall BHFT Alison Stares Home Start Sharon Kearins | Jan 2024 | June 2024 | | Initial meeting had to discuss this piece of work. Plan to start work in January 2024 |
| 7. Review training offer and participation in parenting, emotional and mental health, breastfeeding and weaning courses | An action plan to improve offer and participation rates | Improve awareness of emotional health, self-help and services among children, young people and their families | Frimley ICS Samina Hussein | Feb 2023 | Dec 2023 | On track | Offer review and courses promoted, collecting data on participation |
| 8. Conduct a baseline review of CYP services for inclusivity, in particular with regards to gender (male parent), neurodiversity and disability | Based on review, plan to improve inclusivity | Reduce health inequalities in targeted population | BFC Tanvi Baretto ICB Samina Hussein | April 2024 | Sept 2024 | | |
| 9. Review refreshed local transformation plan to include actions relevant to delivering outcomes. | | | Frimley ICS Samina Hussein | TBC | TBC | Awaiting plan | |
| 10. Map and publish all available services that provide emotional health and wellbeing early mental health support (health commissioned, council commissioned services and voluntary and community sector) for families with SEND and analyse gaps to inform commissioning needs. | Needs based commissioning intentions/plan | | BFC Manjit Hogston | Aug 2022 | Nov 2022 | Complete | |

| Priority 2 (Sponsor Alex Gild BHFT) Promote mental health and improve the lives and health of people with mental ill-health. | | | | | | | |
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| Key Actions | Outputs | Contributes to improvement in outcome(s) | Lead Organisation and responsible officer | Start date | End date | RAG Rating Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter | Brief narrative on status rating |
| 11. Use behavioural insights to identify key risk factors in Bracknell Forest among those that have lived experience and professionals to support development of prevention plan. | 1. An evidence-based population based universal and targeted intervention programme devised and planned based on findings of behavioural insights using theory of change approach 2. Workshop with stakeholders to agree Year 2 and Year 3 actions, outputs and indicators based on findings from behavioural insights report | Reduce Eating difficulties/ disordered eating at a population level | BFC | Jan 2024 | Oct 2024 | | Discussion and proposals presented at CYP Board, People directorate , and E Berks PH SMG Slough wishes to join in this project – meeting arranged 7 Dec |
| 12. Review and promote uptake of training programmes for early identification of eating disorders and timely referrals from all settings | 1. BEAT training for GP and primary care clinicians, nurses and other healthcare professionals 2. MindEd Training on Eating Disorders to frontline staff 3. Psychological Perspectives in Education and Primary Care (PPEP Care) training 4. MSHT emotional and wellbeing Webinars | Early identification and management | MHST (Vicki Livingstone) & Frimley ICB (Samina Hussain) | Jan 22 | Ongoing | On track | OnTrack offer expanded to all staff – data on number of staff trained collected for local programmes. MHST have used Oxwell data to look at trends around eating habits so will be putting on more training for schools. |
| 13. Review current support that enables recovery for those suffering from eating difficulties/disordered eating with those with lived experience and take appropriate actions to ensure appropriate recovery services are available in the community | Increase in offer and support for recovery from eating difficulties/ disordered eating | Reduce Eating difficulties/ disordered eating at a population level | BHFT Claire Moran BFC Katherine Davies | Oct 2024 | TBC | | Working group after discussions with BHFT and community based providers |
| 14. Co-produce a holistic and place-based approach to responding to self-harm that is consistent with the forthcoming NICE (National Institute of Clinical Excellence) guidance | 1. Webinar launched and baseline data collected 2. A series of reflective learning sessions for the CYP workforce who regularly work with children and young people - to allow brave spaces for professionals to establish a collective understanding of self-harm 3. A report based on rapid review on practice, policy, and evidence on what works and analyses of inked data at local level. 4. Next steps agreed | Reduce self-harm in children and young people | BFC Katherine Davies | Nov 2022 | December 2023 | On track – | Report received and presented at CYP Board and other relevant boards HWB Board. First T&F Group scheduled for January to take forward recommendations from the report. BFC and HIN comms departments working together to disseminate findings. |
| 15. Review the draft pan-Berkshire multiagency self-harm toolkit and adapt to Bracknell Forest based on local insights | A local version of the pan Berkshire toolkit adopted for Bracknell Forest | | | Dec 2023 | April 2024 | | Due to Staff changes in West Berks awaiting toolkit |
| 16. Continue to develop and embed the MHST Wave 5 and 6 programmes of learning and implementing the Early Evaluation of the Children and Young People's Mental | 1. Promotion of Get Help service to non-MHST schools continuing so that support can be accessed in place 2. Plan for a healthy schools programme using a whole school approach to | Increase in number of schools promoting mental health and wellbeing | MHST (Yanni C & Vicki Livingstone) | Dec 2022 | Ongoing | On track | 16 schools are supported and whole school approach package and training |

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| Health Trailblazer Programme July 2021 across all schools | promoting children and young people's mental health and wellbeing to be rolled out to schools | | | | | | webinars available to all schools |
| 17. Use the learning from the happiness hub (adult mental health community network) model to establish a CYP mental health network | A CYP community based mental health network established | Reduce mental health stigma | BFC and BHFT | Jan 2024 | Dec 2024 | | Youthline have submitted bid to the DHSC Early Intervention Fund. If successful, the funding will support the development of an early intervention hub for CYP in Bracknell Forest. Notification of successful bids expected early December. |
| 18. Monitor and report Local transformation plans/strategies for reviewing referral pathways, triaging, risk-management panels and signposting to services across the system | <ul style="list-style-type: none"> Improving GP Access to Early Help Review of referral pathways, triaging, risk-management panels and signposting to services across the system Review of pathways for same day Urgent Care Providers to flow ROMs as part of NHSE reporting Berkshire Healthcare Foundation Trust to flow ROMS Voluntary Sector to flow to ROMS | Improve the experience of children, young people, and their parents in navigating the system and services | Frimley ICS- Samina Hussain | Ongoing | On going | | Local transformation meets every quarter Mapping tool of adult mental health – low level emotional health and inequalities Adult and Children Mental health strategy draft ready – presentation to Board in Dec meeting |
| 19. Implement the delivery plan and evaluate a 'front door' aimed at children and young people to find appropriate services for low level emotional wellbeing and mental health (TBC as per ICS LTP refresh) | TBC from refreshed ICS Local Transformation plan | | | TBA | TBA | | |
| 20. Conduct a rapid desktop review of frameworks/standards used in mental health pledges and mental health promoting organisations, gain insights from local organisations and employees on pledge content to design a bespoke Bracknell Forest Pledge and support required to implement it. | <ol style="list-style-type: none"> Options report based on rapid desktop review Insights report from local organisations and employees A Bracknell Forest Mental Health Pledge created. Support and training package developed to support signing the pledge Proposal for evaluation in culture developed | Reduce stigma associated with mental health | BFC – Louise Duffy | Nov 22 | April 23 | Delayed – | A desk based analysis of mental health pledge has been drafted. Will work with HROD to create proposition for a MH pledge for Bracknell Forest Council and consult with the Healthy Workplace Alliance about this through meetings and healthy workforce accreditation process. |
| 21. Commission an external provider to develop a bespoke mental health awareness training to be offered to customer facing staff including Retail staff, Library Staff, Parks staff, Housing staff, Museum and Leisure staff. | <ol style="list-style-type: none"> An external provider secured, and course content agreed Training course dates announced Report on evaluation of practice and awareness of own mental health among attendees during training and in six and 12 months | Increase in awareness of service provision by need among all frontline workers and the public | BFC – Louise Duffy | Sept 2022 | Jan 2023 | On track | <i>Let's Face It!</i> training has been offered once a month. Pre- and Post-evaluation shows positive impact on participants. Working with targeted workforce e.g. child minders/early years and health care. Also offered |

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| | | | | | | | through workplace alliance. |
| 22. Mapping of current reach of lifestyle services to people living with emotional and mental health issues and conditions | Increased offer and access of lifestyle services to enable people living with emotional and mental health conditions to be healthy | Improved lifestyles for people with mental health conditions | BFC- Felicity Antwi - Adjei | Sept 2023 | March 2024 | On Track | Plan for equity audit Quality of data required improvement. Plan to improve data capture and recording agreed with Providers. Data quality monitored on a quarterly basis to ensure full year data is available for equity audit |

| PRIORITY 3: Sponsor Philip Bell, Involve Create opportunities for individual and community connections, enabling a sense of belonging and the awareness that someone cares | | | | | | | |
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| 23. Work with local organisations and communities to increase the offer and spread of accessible and diverse social activities e.g., groups, volunteering, coffee mornings, befriending, support groups to enable opportunities for social connections | Identify/increase in provision of social activities that meets the needs of all the different communities (defined by small areas or similar characteristics or health condition) Improved accessibility of the offer of social activities by increasing the number of community venues where access to transport is low Raised awareness of the dementia and other carer support offer in Bracknell working with providers, residents, and carers | Number of assets in community map August 2022 increased from a baseline of 326 activities. Number of outreach venues that offer social activities increased from Baseline: 10 Number of promotional activities/awareness campaigns from a baseline of 20 Number of friendship tables | BFC Tina Nash Involve (TBC) | Oct 2022 | Ongoing With quarterly monitoring | Ongoing | track as part of community map, social prescribing activity and Happiness Hub |
| 24. Include voluntary and community sector organisations MECC (Making Every Contact Count) module to increase all customer facing organisations to signpost and refer clients appropriate to service | Increased signposting and referrals to VCS organisations by all customer facing organisations. Increase no. of frontline staff trained to have 'healthy conversations' | Number of referrals tracked through JOY marketplace (PH and VCS) Number of staff trained in MECC who have used healthy conversations in their role | BFC Joanne Pittard | Oct 2022 | July 2024 | On track | Can only track referrals made via JOY from social prescribing service. 28 in Q2 123 staff trained in 2023 2 Trainers recruited to deliver regular sessions to staff and wider workforce in 2024 |
| 25. Increase use of Bracknell Forest Green spaces through green volunteering programme, walks, outdoor activities. | Improve resident's feelings of self-esteem, confidence, and wellbeing. Increase physical activity levels, social connections, wellbeing etc. | Number of resident's reporting an improvement. Baseline: 0 Proportion who have made lifestyle changes. | Involve Caroline Pragnell | Oct 2022 | Oct 2024 | On Track – data reported every quarter | Over 50% of participants reported improved mental health, social connections and confidence. |
| 26. Increase use of libraries and other adult learning places | | Number of sessions in libraries and other community learning setting Increase in numbers participating in these sessions | BFC Abdul Azad | October 2022 | On going | On-going. Ongoing and on track | Events were planned with Sports Centre and Open Learning Centre were this September . Social prescribing craft sessions bi-weekly held in Bracknell Library |
| 27. Run a focus group with community map assets to understand partnership working and support | A support offer developed and implemented | 1.Number of assets engaged in the partnership and supported Baseline = 60 | BFC | Aug 2022 | Sept 2022 | Ongoing and on track | Number of assets engaged in partnership = 122 (101 previous quarter). |

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| | | | | | | | Assets in partnership invited to attend Great Wellness Exchange in September. Attendance from Scottish Dancing, Scrabble Club, Ukulele Group, and others. |
| 28. Launch new improved community map to increase it's awareness and usage across Bracknell Forest | <ol style="list-style-type: none"> 1. Launch event for partners 2. Road show to promote community map to residents 3. Training offer for partners 4. Establish quarterly monitoring of the community asset map | <ol style="list-style-type: none"> 1. Communications plans 2. Road show locations and dates agreed 3. Number of partners attending training <p>Baseline - 0</p> <ol style="list-style-type: none"> 4. Increase usage of the community map, tracked through google analytics <p>Baseline: 1461 visits in 2021/2022</p> <ol style="list-style-type: none"> 5. Number of assets on the community map <p>Baseline: 326</p> | BFC Tina Nash | Oct 2022 | Nov 2022 | Complete - presented at last board meeting | <p>Visits = 5259 (993 in the last quarter)</p> <p>No. of assets = 430 (399 previous quarter).</p> <p>Subscribers to newsfeed = 217</p> <p>Professionals training sessions: 31 sessions delivered, 209 professionals.</p> |
| 29. Replace the current paper-based and manual system to a fully integrated digital solution | A digital referral pathway with case management data capture (interventions and outcomes) implemented | Percentage of referrers using JOY to make a referral Baseline: 80% | BFC Joanne Pittard | May 22 | ongoing | Complete | 100% referrals via JOY |
| 30. Work with statutory, voluntary and community sector organisations to raise awareness of the service and encourage appropriate referrals | <p>A plan to promote the service at various events including the launch of the community map, across council wide networks, and external providers</p> <p>Provider plan for engagement with JOY marketplace to encourage appropriate referrals whilst raising the profile of their services.</p> | <p>Number of referrals with primary need is loneliness/social isolation Baseline 22%</p> <p>Percentage of clients with an improved loneliness/or wellbeing score. Baseline: 40%</p> <p>Percentage of under represented groups accessing the service. Baseline less than 2%</p> <p>Percentage of inappropriate referrals reduced tracked through the JOY database Baseline: 7% inappropriate referrals for last qtr.</p> | BFC Joanne Pittard | July 2022 | ongoing | On track | <p>Figures taken from JOY 01/09/22 - 01/09/23</p> <p>65% of clients saw an improvement to their overall well-being</p> <p>30% of clients reported an improvement to their baseline loneliness score</p> <p>40% of clients had an improvement to their baseline well-being score</p> <p>Average satisfaction with the service was 90%</p> <p>3410 client contacts in the last 12 months , of which 20% were in-person.</p> <p>Declined referrals in Q2 = 9%, has increased by 5% Q1</p> |
| | | | | | | Not on track | |

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| 31. Relaunch and promote the social prescribing service to residents through various channels | A communications plan to promote the service amongst residents with consideration of different engagement methods for diverse communities | Increase in number of appropriate self-referrals Baseline (8%) | BFC Joanne Pittard | Nov 2022 | On going | On track | <p>New referral and case management software and increased team size. 2 social prescribers undertaking qualification to enhance skill set.</p> <p>Service promoted at great wellness exchange and through forums such as old age consortium and hardship forum.</p> <p>Summer programme – delivered a timetable of 16 events across 3 months. 72 residents attended.</p> <p>Winter programme is currently being widely promoted both internally and externally to stakeholder groups.</p> <p>Social Prescribing activities and events - Public Health Portal - Bracknell Forest Council (bracknell-forest.gov.uk)</p> |
| 32. Create a network of health and wellbeing service practitioners to enable shared learning and collaborative practice | A network established with a better understanding of different practitioner roles and clients and inter service referrals | Number of network events Baseline: 2 | | June 2022 | Ongoing | Regular meetings as part of Happiness Hub, SP meetings | Over the last 12 months the team have attended 224 events/activities. |

| Priority 4 (DPH) Keep residents safe from infectious diseases and address the long-term impacts of COVID-19 | | | | | | | |
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| Key Actions | Outputs | Contributes to improvement in outcome(s) | Lead Organisation and responsible officer | Start date | End date | Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter | Brief narrative on status rating |
| 33. Work with East Berkshire Hub and UKHSA lead on a framework/plan for a local wider outbreak management plan | Revised and update Local Outbreak Management Plan (LOMP). Relaunch LOMP | Reduce the impact of future outbreaks of communicable disease | BFC Gabby Haffner | Dec 2023 | July 2024 | Starting December 2023 | Work on going – dependent on national and local changes |
| 34. In collaboration with NHSE/OHID screening leads review current quality and uptake of national screening programmes in Bracknell Forest to identify and plan for quality improvements and targeted work in areas/communities of low uptake | A quality and performance report with recommendations for improvement agreed at the Health Protection Forum (Q2 2023) | Reduce Health Inequalities in all national screening programmes | NHSE/ICS BFC Gabby Haffner | Jan 2023 | Sept 2023 | Behind schedule due to delay in re-establishing Berks East Health Protection Forum | Monitored through re-established Health Protection Forum – Data requested to present at next Board Meeting |
| 35. Produce reports on uptake of national immunisation programme showing uptake by GP or ward level to identify any variation in uptake of childhood and other adult vaccinations (flu, covid, pneumococcal) | Immunisation performance report produced and presented to Health Protection Forum | Reduce health inequalities in immunisation | NHSE/ICS BFC Gabby Haffner | TBC | TBC | | East Berks Health Protection Forum re-established. Health Protection Plan across E Berkshire Forum provides opportunity to assess data. Some additional local work to explore data at ward level. |
| 36. Review engagement and communications during Covid and produce lessons learnt report | A report with recommendations on communications and methods to engage with local communities on health protection | Reduce the impact of communicable disease and other health protection topics by use of effective comms | BFC Gabby Haffner | Jan 2023 | April 2024 | On track | Survey included comms specific questions. Data will inform next steps. Findings from survey and from Covid enquiry |
| 37. Continue to work with NHS infection control team and Council Public Protection Partnership to review and improve infection risk and improve good practice in high risk settings | | | ICS/ BFC Gabby Haffner | On -going | Dec 2026 | On going | |
| 38. Provide assurance to the Health and Wellbeing Board on adverse weather planning | | | ICS/ BFC Gabby Haffner | Jan 2023 | Dec 2026 | On-going work on winter and hot weather preparedness and to minimise excess deaths | Winter planning by NHS on Sept Board agenda. Adverse weather plan Dec Board |
| 39. Review the implementation of the NICE guidance on reducing health harm from cold homes in Bracknell Forest and make recommendations. | | | BFC PPP and Gabby Haffner | June 2024 | Sept 2024 | Starting June 2024 | |
| 40. Develop and implement a plan to mitigate the long-term impacts of COVID. | Local Covid impact on population health report based on perceptions/views of residents, published literature and local long Covid estimates. | Appropriate use of COMF to mitigate potential long-term health and wellbeing impacts of Covid | BFC Gabby Haffner | Dec 2022 | Dec 2023 | On track. | Survey complete, findings shared. Innovation funding and COMF allocated. Post survey findings determine further actions which include council-wide initiatives. |

| Priority 5 Improve years lived with good health and happiness | | | | | | | |
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| Key Actions | Outputs | Contributes to improvement in outcome(s) | Lead Organisation and responsible officer | Start date | End date | RAG Rating Status Green: on track/ completed; Amber: delayed, Red: at risk as external partners not engaged; Grey: start date falls outside reporting quarter | Brief narrative on status rating |
| 41. Conduct a rapid evidence review including grey literature and good practice to recommend evidence-based practice/methods for increasing health literacy and self-care. | A toolkit based on the findings of the review for use locally/plan for community led healthy conversations. | Improvement in health literacy of local population. | BFC Louise Duffy Annie Yau-Karim and Dave Bryan | Jan 2024 | March 2024 | In development | Proposal for community profile and community engagement approach has been developed. First cohort of minority groups being identified. Engagement will comprise 3 stages: <ul style="list-style-type: none"> Epidemiological data analysis World café events and lived experience/stories Identification of health leaders within groups. |
| 42. Map current CVD prevention programmes and evaluate the effectiveness of the programmes to identify good practice that can be rolled out across the borough. | A plan to reduce variation through roll-out of good practice through shared learning A plan to reduce variation through roll-out of good practice through shared learning. | Reduction in variance between practices. Improvement in detection and management. | ICB Lalitha Iyer and Helen Single | Dec 2022 | Ongoing | Complete | Ongoing work as part of ICS CVD prevention work under the Medical Director as new good practice identified |
| 43. Adapt and implement the ICS CVD prevention plans at place. | A local plan in place agreed. | | ICS Helen Single | Jan 2022 | Ongoing | Complete for current plans | Monitored as part of the ICS living well programme to identify any required updates |
| 44. Undertake health equity audit of CVD primary and secondary prevention services to inform targeted action on CVD and diabetes prevention and management. | Plan to reduce health inequalities in cardiovascular health and diabetes outcomes. | Increase in offer and uptake of smoking cessation and weight management services in targeted populations. Improvement of management outcomes in targeted population | BFC and ICB Felicity and Richard Freeman | Dec 2022 | July 2023 | Ongoing | Felicity to work with community engagement officer and providers to increase uptake of smoking cessation and weight management services in targeted populations. Core20PLUS5 population groups prioritised in any initiatives. |
| 45. Review commissioning and performance of NHS health checks and make recommendations for improvement | Plan to improve commissioning and performance of NHS health checks locally | 100% of eligible cohort invited for NHS Health Check Increase in number of invited cohorts receiving a health check . | Tarvi Baretto and Felicity | Dec 2022 | Sept 2023 | Completed | Audit is now complete and final report has been submitted in November 2023. Commissioners to build in recommendations to |

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| | | Increase in appropriate referrals to lifestyle services from the NHS health checks programme | | | | | the new NHS HC service specification |
| 46. Co-produce plans for prevention of uptake of nicotine containing products and increase in number of people that access and successfully quit smoking | A refreshed tobacco plan based on insights on use of vaping in BFC outside the smoking cessation pathway and other local intelligence | Reduction in uptake of tobacco products among different age groups Number of schools participating in offer of courses to increase awareness of harms from nicotine use | BFC and ICB Louise Duffy and Mahmuda Ullah | Dec 2022 | Sept 2023 | Delay | Smoking sidelines project complete Vaping and young people insight report has been drafted Data quality improvement in progress Links made to ICB Frimley Living Well Ambition Swap to stop scheme/SSS funding. Target groups to reduce inequalities identified based on findings from analysis and intelligence data. The scope for East Berkshire Tobacco control plan is being agreed and will commence Jan 2024. |
| 47. Develop innovative solutions to support people with unhealthy weights to achieve and maintain health weights. | An options proposal paper presented to appropriate meeting | A scaled up service to reduce current waiting lists | BFC Tanvi Baretto | January 2024 | July 2024 | | |
| 48. Review and evaluate the current weight management services and establish a weight management pathway based on NICE guidance (CG189 updated 2022) | A pathway agreed working with iCS | Compliance of NICE guidance to ensure quality of services commissioned | BFC and ICS Tanvi Baretto and Mahmuda Ullah | Mar 2023 | March 2024 | Delay | Evaluation of tier 2 weight management services completed. Initial meetings convened by ICS - awaiting timeframes and plans from ICS A health weight framework adopted by Living Well Board |
| 49. Map current physical activity offer for all ages and diverse communities, identify gaps and develop a physical activity pathway in accordance with NICE public health guidance to enable all residents including people with mobility and sensory difficulties to meet the CMO guidelines on physical activity. | A physical activity pathway with offers of different activities agreed. | Compliance with NICE and CMO guidelines on physical activity Increase in number of people participating in different forms of physical activity | BFC Felicity | Oct 2022 | Dec 2023 | On track Gaps identified, system map in progress, external evaluation of some of the programmes under way | |
| 50. Develop a plan based on whole system approach agreement to change the key environmental issues in Bracknell to create healthy environment enabling healthy choices | A whole system approach to obesity report for Bracknell Forest with key (strategic) actions | Increase in number of opportunities to enable/facilitate maintaining healthy weights | BFC Tanvi Barreto | July 2022 | July 2023 | Completed | Final report received. In November. Some suggested changes to be incorporated. Strategic action plans agreed |
| 51. Develop a plan for the Council and the local NHS to be exemplar healthy | A joint plan agreed as part of the Bracknell Forest Workplace Health Alliance work programme. | Number of workplaces engaged with workplace healthy charter. | BFC and ICB Louise Duffy and | Nov 2022 | July 2024 | BFC Healthy workplace Alliance established | Workplace Alliance membership and meetings – currently 18 |

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| workplaces and extend the learning to local businesses | | Number of settings engaged and achieved baby friendly certificate | Mahmuda Ullah | | | | businesses registered. Repository of resources to support health and wellbeing available to businesses. BFC Healthy Workforce Accreditation programme due to be launched in early 2024 in partnership with Surrey CC. 2 x HWB training sessions organised for Jan and Feb 2024. |
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